

THIS WEEK MY FOCUS IS _____.

THIS WEEK I WANT TO BE...

_____ & _____ &
_____ & _____.

**THINGS I WANT TO DO CONSISTENLY THIS WEEK TO CREATE
LASTING RESULTS**

MON TUE WED THUR FRI SAT SUN

	MON	TUE	WED	THUR	FRI	SAT	SUN

MY REASONS TO BE:

HAPPY _____

GRATEFUL _____

EXCITED _____

WEALTHY _____

KIND _____